

# **Competencies Outline**

<b>A</b> .1 - <b>A</b> .6	Career	Development Skills
	A.1 A.2	Identify occupational interests, aptitudes and abilities Relate interests, aptitudes and abilities to appropriate occupations
	A.3	Identify desired life style and relate to selected occupations
	A.4 A.5 A.6	Develop a career path for a selected occupation Select an immediate job goal Describe the conditions and specifications of the job goal
<b>B</b> .7 – <b>B</b> .13	Job Att	ainment Skills
	B.7 B.8 B.9 B.10 B.11 B.12 B.13	Construct a resume Conduct a job search Develop a letter of application Use the telephone to arrange an interview Complete application forms Complete employment tests Complete a job interview
C.14 - C.20	Job Survival Skills	
	C.14 C.15 C.16 C.17 C.18 C.19 C.20	Demonstrate appropriate appearance Understand what employers expect of employees Identify problems of new employees Demonstrate time management Follow directions Practice effective human relations Appropriately resign a job
D.21 - D.25 Bas	Basic S	kills
	D.23 D.24	Comprehend verbal communications Comprehend written communications Communicate in writing Communicate verbally Perform mathematical calculations
E.26 - E.30	Leadership and Teamwork Skills	
	E.26 E.27	Demonstrate team membership Demonstrate team leadership

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- E.28 Deliver presentations to a group
- E.29 Compete successfully with peers
- E.30 Demonstrate commitment to an organization

### F.31 - F.37 Personal Skills

- F.31 Understand types of maturity
- F.32 Identify a self-value system and how it affects life
- F.33 Base decisions on values and goals
- F.34 Identify process of decision making
- F.35 Demonstrate ability to assume responsibility for actions and decisions
- F.36 Demonstrate a positive attitude
- F.37 Develop healthy self-concept for home, school and work

#### G.38 - G.59 Life Survival Skills

- G.38 Evaluate a career plan to determine appropriate postsecondary educational options
- G.39 Identify how best to achieve marketable occupation skills for an entry level job
- G.40 Conduct a job analysis
- G.41 Apply critical thinking skills
- G.42 Demonstrate effective study skills
- G.43 Demonstrate how to use group dynamics techniques
- G.44 Explain the roles and function of a value-added organization
- G.45 Understand the essential elements of high performance work teams
- G.46 Describe how to work and communicate with diverse people at work and in the community to satisfy their expectations
- G.47 Demonstrate techniques for building commitment by others
- G.48 Demonstrate an openness to change
- G.49 Provide constructive feedback
- G.50 Negotiate solutions to conflicts
- G.51 Demonstrate politeness and civility
- G.52 Demonstrate an ability to adapt to people and situations
- G.53 Exhibit work ethics and behaviors essential to success
- G.54 Set and prioritize goals and establish a timeline for achieving them
- G.55 Apply the problem solving process to complex problems
- G.56 Demonstrate an ability to analyze the strengths and weaknesses of self and others
- G.57 Design and justify solutions by tracking and evaluating results
- G.58 Identify ways to build mutual trust and respect
- G.59 Prepare a short- and long-term personal budget

## H.60 -H81 Work Place Skills

- H.60 Demonstrate punctuality and good attendance practices
- H.61 Demonstrate initiative and proactivity
- H.62 Demonstrate how to work effectively with others
- H.63 Demonstrate an attitude that attracts the attention of management
- H.64 Demonstrate an ability to communicate and work with customers to satisfy their expectations
- H.65 Demonstrate listening skills which will result in gaining a clear understanding of information being conveyed

- H.66 Demonstrate an ability to follow and give directions
- H.67 Demonstrate good reasoning skills which result in thinking first, then taking action
- H.68 Demonstrate integrity and honesty in dealings with internal and external customers
- H.69 Demonstrate a willingness to accept responsibility for one's own actions
- H.70 Demonstrate a commitment in completing work assignments accurately and in a timely fashion
- H.71 Demonstrate an ability to satisfy the purposes of a delegated task
- H.72 Demonstrate an ability to prioritize and manage time effectively in the workplace
- H.73 Demonstrate enthusiasm for work
- H.74 Demonstrate an eagerness to learn new responsibilities or improve current responsibilities
- H.75 Demonstrate an understanding of the work to be accomplished
- H.76 Demonstrate familiarity with a variety of technologies
- H.77 Demonstrate an ability to self-evaluate and develop a continuous improvement (career development) plan
- H.78 Demonstrate basic computer operation skills
- H.79 Demonstrate an ability to learn from past experiences and others
- H.80 Demonstrate an ability to send, receive and organize e-mail messages
- H.81 Demonstrate an ability to search for information on the Internet

## I.82 - I-85 Economic Empowerment Skills

- I.82 Understand Insurance Auto, Home (Renter's), Health, Disability and Life
- I.83 Manage personal finances effectively
- I.84 Demonstrate how to start a small business
- I.85 Be successful in dealing with law enforcement when they are enforcing the law
- I.86 Value Diversity
- I.87 Risky Business